1. Letter from the Founder-Director

2. Achievements of the year
   • Rehabilitation & Restoration
   • Training & Mental Health Services
   • Advocacy

3. About WOW, Vision and Mission
Greetings from Women of Worth!

As I look back to the year that has gone by, one message that stood out for me, is that we are all created equal. It's when we are faced with situations like a global pandemic, that we realize life is fragile and unpredictable. Instead of building bridges, we spend so much of our time building walls. We discriminate, entertain prejudices and nurture hatred because we are afraid that by focusing on ensuring equality, justice, and change, we will lose ourselves as well worried that our own interests will be affected. However, the opposite is true, when we share and care, we are better ourselves. WOW believes that in making way for equality, we all collectively benefit.

During the lockdown, as we assessed the needs of the communities and planned our response, we realized that the most vulnerable in our communities, especially single women, widows, the elderly, and young school girls from underprivileged backgrounds had it harder than the rest, and in many ways, we are yet to see the worst fallout of this pandemic. Violence against women and children is already on the rise since the lockdown, and this was evident even in urban, middle class communities. Unemployment is on the rise as well. In addition to this, we at WOW are really concerned about the school drop-out rates among girls. Knowing these were real issues for a majority in our communities, and despite our own challenges of being unable to physically go to the communities, we did our best to address issues concerning women and the girl child.
Now, as we spend time with family, as well as take time to refresh ourselves, may we not only reflect on what is wrong with the world but also reflect on how we can make things better for everyone, especially the most vulnerable amongst us.

We want to thank you- our supporters, our donors, sponsors, partners, staff, volunteers, interns, institutions and corporations for standing with us, as we served these communities. We applaud the women, the men, the children in our communities for their resilience in the face of this pandemic, and thank them for giving us the privilege to serve them.

In the coming year, we will continue to do our best and do count on your support to raise the bar on women’s safety, to continue to celebrate the equality of all skin shades, and to be instruments that keep pushing for justice, equality, and change for women and girls.

We invite you to read this report as we share the impact of the work, we have done this year, and we hope you are inspired to continue supporting us, and also continue to be a change agent in your sphere of influence.

Kavitha Emmanuel
ACHIEVEMENTS FOR THE YEAR

REHABILITATION & RESTORATION

Our rehabilitation department identifies and engages with adolescent girls from abandoned, trafficked or neglected backgrounds, and works with their families in rehabilitating them.

Our work ranges from complete psychological evaluations, counseling, and rehabilitative interventions, depending on the needs of the rescue organization involved to life skills training and client-specific therapy in a non-judgmental environment.

COVID-19 RELIEF WORK HIGHLIGHTS

This year due to the unprecedented COVID-19 situation, our work made a major shift to reach not only the girls in the government and shelter homes in Chennai and Nadia, we also reached out to women who are daily wage earners, house helps and single parents.

Bare Necessities Kit
Hygiene and sanitary kits along with basic groceries were distributed to 290 families in Chennai and Nellikupam

"WE WERE STRUGGLING WITH NO JOBS AND NO INCOME AND WERE UNABLE TO BUY FOOD... I WANT TO THANK FROM THE BOTTOM OF MY HEART ALL WHO DONATED THESE GROCERIES"

THE DISINFECTANT IS A VERY THOUGHTFUL PRODUCT. WE WILL USE IT TO KEEP OUR HOMES CLEAN. THANK YOU

- Karpagam
MIGRANT WORKER RESPONSE

Around 100 female migrant workers were rescued from a factory in South Tamil Nadu by a partner organisation, and were being sent back to their homes in Jharkhand via Chennai. WOW had the opportunity to serve these girls, by providing each of them with a hygiene kit with face mask, sanitizer and sanitary napkins etc., for their two day journey back home.

The hygiene kit was co sponsored by Praise Foundation.

KOLKATA COVID-19 RESPONSE

Prior to the pandemic and the lockdown, our Kolkata team was working with children and adolescent girls in Nadia District. Once the lockdown was in effect, we were only able to conduct two awareness training programs through online zoom calls.

We however shifted our focus to a few communities that were closest in proximity. We were informed that there were growing cases of abuse and domestic violence due to the lockdown and unemployment amongst these vulnerable communities. We partnered with the local law enforcement and government agency in the city. One community has around 4000 families mostly illegal immigrants from Bangladesh or people from other states who have migrated in search of jobs and a better livelihood. Most of them were daily wage workers and had lost jobs due to the pandemic, and the ensuing impact of it was domestic violence, child abuse and substance abuse. We were able to intervene in a few domestic violence incidents, a couple of rape cases and child abuse. Our intervention included providing legal assistance, counseling and helping with the rescue of the victims and ensuring the legal process was followed and the law enforcement responded to the victims. This kind of response was a unique opportunity for us.
COMMUNITY AWARENESS DRIVE:
Behavioural change videos, Pamphlets & Survey

During the lockdown we produced four COVID-19 awareness videos, under the themes-

1. General Awareness”
2. “Staying Physically Healthy”
3. “Mental Health during the Pandemic”
4. “The ‘New Normal”

We shared this via WhatsApp, community viewing by following strict social distancing norms, and on YouTube and social media. We have reached 2500 individuals. This was made available in Tamil, Bengali and Hindi.

In addition, we distributed more than 1250 pamphlets on behaviour change and safety during the pandemic in Kilpauk and Nellikupam communities working in partnership with local authorities.

Survey: A survey is under way in all three locations, to assess the ongoing effects of the pandemic on accessibility to food, effects on Mental health, loss of livelihood, girl child education and gender disparity.
ONGOING REHABILITATION:
For the period January 2020-December 2020

BASIC NECESSITIES: Hygiene essentials were provided to adolescent girls in our programme. These essentials help our girls maintain hygiene and contribute to their physical well being. This year we provided 250 hygiene kits.

COUNSELLING: Counselling is an integral part of the aftercare programme. All our beneficiaries are assessed for counselling needs and engaged in a regular counselling process to help them cope with undue stress or anxiety, behavioural issues or any mental illnesses. Our team of counselling psychologists have counselled 33 girls over 53 sessions this year.

Priya, who has lost both her parents, has been struggling with excessive anger, mistrust and behavioural issues and was constantly getting into trouble with the shelter home care-taker. WOW’s counselors have been helping her process her behavior and we are glad to report that she has improved immensely and is showing signs of channelizing her emotions and behaviour in positive ways.

LIFE SKILLS TRAINING: Our Life skills training goal is to educate, empower young adolescent girls and help them understand the dynamics of relationships and the psycho social challenges that they go through during adolescence and to effectively cope in such situations and preps them to face challenges in the future.

Over this period, we have trained close to 200 girls on different topics such as healthy relationships, values, health and hygiene, child rights, prevention of child sexual abuse and other forms of abuse & violence. In the context of the pandemic we also conducted online training on maintaining good mental health and developing resilience.
"I WAS SO ANXIOUS ABOUT THE COVID 19 SITUATION. I FEEL RELIEVED TO KNOW THERE ARE THINGS THAT I CAN CONTROL AND THAT WE ARE TOGETHER IN THIS FIGHT"

- Testimony from a participant after a mental health training session, titled “mind matters"

VOCATIONAL SKILL TRAINING (ORGANIC GARDENING): Our organic gardening programme at the government home was started in August 2019 and continued till March 2020. Around 100 girls were trained on the benefits of organic farming, methods of soil preparation, uses and importance of soil enrichers, preparation of compost and organic pest repellants, methods of seeding and importance of using seasonal seeds. The girls had hands-on experience and were trained by professionals.

These sessions were informative, therapeutic and served as a team building exercise for the girls.

"I COME FROM A FARMING COMMUNITY, WHEN I GET BACK TO MY VILLAGE, I WILL TEACH MY FAMILY THE BENEFITS OF ORGANIC GARDENING"

"WHEN I WAS AT HOME I DIDN'T CARE MUCH ABOUT MY KITCHEN GARDEN. I HAVE NOW REALISED THE JOY OF GROWING MY OWN PLANTS AND HAVING MY OWN GARDEN".

EDUCATION SCHOLARSHIP PROGRAMME

Scholarships are an integral part of WOW’s rehabilitation program. We believe that all girl children have the right to education and must be given an opportunity to resources and have access to higher education and vocational training of their own interest and liking. Education is also seen as a means to empower not just individuals, but families and community as a whole. They become agents of change!
This year our first batch of 12th Std aftercare girls successfully passed the exams and we were able to place them in colleges with hostel facilities through our partner agency. About 8 girls are currently pursuing undergraduate courses.

This initiative started with a career counselling session early this year. About 35 girls participated in this session. They got to know about the various colleges and vocational courses that were available, and they were also made to introspect and discover their strengths, capacities and interests and to articulate their career goals.

Very recently, WOW was instrumental in helping rescue a girl who was trapped in an abusive family situation. Over the years, she has been going through a cycle of abuse and trauma. We got to know of her situation during a follow-up call and immediately talked to the shelter home authorities and partner agencies and helped her find a safe place and enrolled her in a reputed college in Tamil Nadu. She has chosen a Bachelors Degree in Business Administration.

“THIS IS LIKE GOD’S GIFT TO ME AND I WILL ENDEAVOUR TO DO MY BEST. THANK YOU SO MUCH FOR HELPING ME”.

WOW is also supporting a school going underprivileged girl who was at the verge of dropping out due to her family situation in one of the slums in Chennai.

““I LOST EVERYTHING A COUPLE OF MONTHS AGO, MY PARTNER, MY HOME AND WAS UNABLE TO PAY MY DAUGHTER’S SCHOOL FEES. WOW IS CURRENTLY SUPPORTING MY DAUGHTER’S EDUCATION. MY SINCERE THANKS TO WOW”.

- Testimonial from the Mother, Suguna
“WE ARE SO VERY HAPPY WITH OUR COLLEGE AND HOSTEL. ON BEHALF OF ALL THE OTHER GIRLS, I WANT TO THANK YOU FOR HELPING US TO CONTINUE OUR STUDIES”

-Testimonial from an after care girl placed through Don Bosco

International Women’s Day 2020
In view of the International Women’s Day celebrated on 8th March 2020, a community awareness program for 45 Women working as house helps was conducted. These women also belong to the local self- help groups. The workshop focused on the theme “each for equal” and it included activities, games and a video presentation. The facilitator was able to inspire the women by sharing the achievements of famous women personalities. They discussed how their road to success was filled with challenges and what they did to be where they are now. The women were also made aware that like them many women and girls across our nation continue to face challenges and encouraged them to start the change process right from their own homes and community. They pledged to treat their girl child on par with their boy child.

International Girl Child Day - 9th October 2020

The International Girl Child day event was held at the Government girls home, Chennai. An art workshop was conducted as a means to help the girls unwind and also learn a new skill. The artist-trainer Ms. Savithri Suman taught the girls, (around 50 of them), the techniques of the Warli Art. At the end of the session the girls were allowed to take back their own hand painted pencil case.

In addition, an awareness talk on the designated theme for 2020 -My Voice, our equal future, brought awareness to the inequalities and discrimination faced by girls.

“IT IS SIMPLY REFRESHING TO HAVE A BREAK FROM EVERYDAY MONOTONY AND TO BE ABLE TO RELAX THROUGH ART. WE WOULD REALLY LIKE TO HAVE MORE SESSIONS LIKE THESE”

- Revathi
250 hygiene kits

33 girls over 53 sessions

200 girls received life skills training

100 girls received vocational training (organic gardening)

35 girls received career counselling

2 scholarships were awarded
TRAINING & MENTAL HEALTH SERVICES

WOW’s training goal is to Educate, Encourage & Empower. This is conducted by professional trainers addressing issues relevant to both men and women within our two areas of focus; empowerment and safety.

In addition to training on empowerment and safety, this year our mental health services offered specialized mental health awareness workshops and one-one-counselling services to ensure the overall effectiveness of individuals and teams.

WOW targets several demographics that include but are not limited to women and girls in schools, colleges, CSOs, and religious institutions. As each audience is different from the other, the content is tailor-made to suit ever-changing needs and trends.

This year due to the lockdown, all our training was done online, through the Zoom platform.
TRAINING

Here’s a snapshot of all the trainings we conducted

FOR TEENAGERS

07/05/2020

CHILD SEXUAL ABUSE AWARENESS/ONLINE SAFETY FOR SUPER TEEN GIRLS

This session was aimed at increasing awareness of child sexual abuse among teenage girls, with an emphasis on online safety keeping in mind the context of the lockdown. The session also focused on equipping teenage girls on how to report an abuse.

22/05/2020

BOUNCE BACK

This module was for young adults to discuss the meaning and importance of resilience and developing grit in the face of adversity

17/07/2020

CHILD SEXUAL ABUSE AWARENESS/ONLINE SAFETY FOR SUPER TEEN BOYS

This session was aimed at increasing awareness of child sexual abuse among teenage boys, with an emphasis on online safety keeping in mind the context of the lockdown. The session also focused on equipping teenage boys on how to report an abuse.

24/09/2020

MY GIRL MY PRIDE

The session was aimed at sensitizing girl children about sexual abuse and to empower them to raise a voice for the victims or against incidences of child abuse
24/10/2020

COLOURISM IN MEDIA

A group discussion on colourism in media, films, advertisements and it's impact on Genz and millennials

- CSA awareness/online safety for superteen girls
- Bounce back
- CSA awareness/online for superteen boys
- My girl my pride
- Colourism in media

"THE SEMINAR WAS INFORMATIVE AND PRACTICAL."

- Participant of child sexual abuse awareness/online safety for super teen girls

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FOR EVERYONE

24/04/2020

EMOTIONAL HEALTH AND FAITH

This session was for the general public to throw light on what the scriptures says about the significance of mental health and one's own responsibility to take care of mental wellbeing.

“I’M ALREADY LOOKING FORWARD TO THE NEXT SESSION AS THIS SESSION HAS PERSONALLY MADE ME CURIOUS ON THIS TOPIC…”

- Participant from the Emotional health and faith workshop

26/06/2020

BATTLING DISCRIMINATION

The training was for a general audience to help them understand discrimination, its effects and how one can strive to be a change agent and fight back against discrimination.
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- Emotional health and faith
- Battling discrimination

FREE Webinar
BATTLING DISCRIMINATION

Are you a victim of harassment/bullying?
Are you fighting inequalities based on value, caste or ethnicity?
Are you battling depression caused by social prejudices?

Speakers:
Ms. Kavitha Sriramulu, Chief Medical Advisor, Speaker
Founder of the Dark is Beautiful Campaign

Priyanka Joseph, Head Counsellor, Tamara Mental Health Services

FRIDAY, 26th June 2020 at 6 pm
Contact: +91 9860790734
or joy@womenofworth.in

EMOTIONAL HEALTH AND FAITH

A "Be Kind to Your Mind" Series by WOW

How to develop an emotionally healthy lifestyle
Helping others in need of mental health intervention at a time of crisis.

Resource Person:
Dr. Jamila Koshy, Psychiatrist

#SouthAsianHeritageMonth

#ColourismEndsWithMe

A film on Colourism in South Asia with Millennials & Generation Z

Watch the webinar on Monday 31st August at 6pm IST on YouTube.

Produced by the Dark is Beautiful Campaign

Sanaa Wani, Anusha and Affred
Sharon Banuelos, Vice President
Karolina Emmanouel, Founder of Dark is Beautiful Campaign
OTHER TRAININGS

15/04/2020

MIND MATTERS

The session was done for adults during the early phase of the Pandemic to promote a proactive approach to managing one’s own mental health and sift through all the news surrounding it.

15/05/2020

MOTHERS MATTER

This session was organised for mothers, as a follow up to Mother’s day, to help them understand the importance of self compassion.

29/05/2020

POCSO ACT 2012 SIMPLIFIED

This session enabled both social workers and lay people understand the law and their role in reporting an incident

28/07/20

CHILD PROTECTION POLICY ORIENTATION

This session was for the parents, elders and staff of Powerhouse Church, to educate them on the child protection policy, to ensure there are guidelines for protecting and reporting any form of abuse against children in the church.
01/10/2020

**BE THE CHANGE SHE WANTS TO SEE**

A conversation with Genz and Millennials on how they wrestle against unconscious bias in their homes, learning environments and communities.

03/10/2020

**MENTAL HEALTH AWARENESS**

This session was for attendees of Sing & Share a youth group, to build awareness on the importance mental health, as well as the skills and knowledge required to take care of ones mental health.

"I GOT TO KNOW THE IMPORTANCE OF MENTAL HEALTH AND BREAKING THE THOUGHTS OF TREATING MENTAL HEALTH AS ABNORMAL AND TO REACH OUT WAS WELL EMHASIZED."

- Participant from Mental Health Awareness

03/11/2020

**EQUIP TO GUIDE (PART 1): SELF CARE**

This session aimed at addressing the importance of taking care of ones emotional and mental health, in order to be better equipped to help those they mentor.
"IT WAS A GREAT ENLIGHTENING SESSION TO KNOW HOW TO HELP OTHERS AND HANDLE THEM WITH LISTENING EARS"

- Participant from Equip to Guide

07/11/2020

EQUIP TO GUIDE (PART 2): HELPING OTHERS

This session focused on educating mentors to identify a mentally unhealthy person and the skills required to help someone who is in mental and emotional distress.

"I LEARNT IT IS IMPORTANT TO TAKE A BREAK FOR SELF AND FILL THE CUP TO CONTINUE POURING IT TO OTHERS."

- Participant from Equip to Guide
POCSO Act 2012 Simplified!

Protection of Children from Sexual Offenses Act

- What are the major provisions under the Act?
- What is your role/responsibilities as per the Act?
- What makes this Act different from all other legislations related to children?

A webinar for Child Protection CAMPAIGNERS (social workers, teachers, faith leaders, parents)

**Friday, 29th May 2020 | 5 p.m to 6 p.m**

Resource Person:
Ms. Dolphy Biswas, Child Rights Lobbyist, Women of Worth

Registration: Rs.200/-, Group Discount Available.
Please email joy@womenofworth.in or call 9840798734 for group discounts

- Mind matters
- Mothers matter
- POCSO Act 2012 simplified
- Child protection policy orientation
- Be the Change She wants to See
- Mental health awareness
COUNSELLING

Our team of Counsellors have carried out approximately 39 counselling sessions for 11 girls from the aftercare program. The sessions helped the girls to understand and manage their emotions, deal with past trauma, interpersonal conflict and guided them to make informed choices about their future.

The counsellors also provided close to 67 counselling sessions to over 16 individuals from March 2020. Many of them were dealing with depression, anxiety, trauma, stress, low self-esteem/self-concept and behavioral concerns.

"TO SAY THAT COUNSELLING HELPED ME, WOULD BE A HUGE UNDERSTATEMENT. THE COUNSELLOR ALWAYS MADE ME FEEL COMFORTABLE THROUGH UNCOMFORTABLE CONVERSATIONS AND THROUGH MY ROUGH DAYS. ALTHOUGH THERAPY IS A SLOW PROCESS, I HAVE REALIZED THAT ITS EFFECTS LAST A LIFETIME. THE COUNSELLOR’S WORK WITH ME HAS NOT ONLY BROUGHT ABOUT A HUGE CHANGE IN MY LIFE BUT THE ONES AROUND ME AS WELL, AND I AM GRATEFUL FOR HAVING SUCH A POSITIVE EXPERIENCE THROUGH COUNSELLING."

- A.R

106 ONE-ON-ONE COUNSELLING SESSIONS
15 WORKSHOPS IN 7 MONTHS
510 PARTICIPANTS FOR 14 WORKSHOPS
**ADVOCACY**

The goal of our advocacy is to change attitudes and behaviour to bring equality in every sphere.

**WE RUN THREE CAMPAIGNS**

- DARK IS BEAUTIFUL
- FEARLESS CAMPAIGN
- GIRL ARISE PROJECT

**SINCE 2009, DARK IS BEAUTIFUL** - OUR INTERNATIONALLY RECOGNIZED ADVOCACY CAMPAIGN HAS BEEN FIGHTING AGAINST AND CREATING AWARENESS ABOUT ‘COLOURISM’, THROUGH AWARENESS EVENTS AND WORKSHOPS.
1. **Colourism Ends with Me**: DISB was featured in British Council’s South Asian Heritage Month this year. Conducted in collaboration with Manchester Museum the DISB team made a 30 minute video highlighting the issue of colourism in South Asia/India with stories from celebrities and Genz. The video was broadcast at a live event on FB and Zoom.

2. **DISB’s open fight with UNILVER’s new avatar for Fair & Lovely**: The #blacklivesmatter movement sparked a controversy to the issue of colourism in India when Unilever decided to drop ‘fair’ from its largest selling fairness cream in India, Fair & Lovely, in support of the #blacklivesmatter movement. Unlike Loreal and Johnson and Johnson who withdrew their fairness products from the shelves, Unilever chose to “drop” the word fair.

Ms. Kavitha Emmanuel went on record through numerous news media interviews on Unilever’s to call out the hypocrisy of the brand for endorsing fair skin as more beautiful than darker shades while at the same time run a foundation “empowering women”.

3. **KIS YouthRise & DISB - Colourism in Media**: a conversation with Gen Z and Millennials and Seema Hari, one of DISB’s ambassador in California. It was interesting to hear how they processed the influence of the media on colourism.

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**Women of Worth | Annual Report 2020**
THE PROJECT'S VISION IS TWO-FOLD:

1. Recovery: to help those who have been traumatized by abuse
2. Prevention: to help prevent abuse before it happens through bringing awareness and ensuring safety protocols on campuses

On the recovery front, we have trained counsellors who can help facilitate a process of recovery and healing from the trauma of abuse. And on the prevention front, we offer consultancy to organisations, academic and religious institutions to set up and implement a Safeguarding and Child Protection Policy.

This year we offered consultancy to various religious institutions, counselling for victims of abuse and to their families, as well as Crisis management support.
We were part of three webinars

1. **MY GIRL MY PRIDE, PREVENTION OF CHILD SEXUAL ABUSE** - a webinar where one of our counsellors did a session on sensitizing girl children to sexual abuse and empower them to raise a voice for victims or against incidents of child abuse.

2. **BE THE CHANGE SHE WANTS TO SEE** - A conversation with Genz and Millennials on how they wrestle against unconscious bias in their homes, learning environments and communities. This conversation was moderated by Ms. Kavitha Emmanuel, Founder-Director.

3. **FAITH LEADERS ON GIRL EMPOWERMENT** - a webinar that Ms. Kavitha Immanuel was a panelist and moderator.
WHO WE ARE, WHAT WE DO, VISION & MISSION.

Women Of Worth exists for the growth, empowerment and safety of girls and women.

We stand for **JUSTICE, EQUALITY & CHANGE**.

**WE CELEBRATE WHO WE ARE TODAY**
**WE ANTICIPATE THOSE CHANGES THAT ARE YET TO BE**
**WE PARTICIPATE IN THE FIGHT FOR A BETTER TOMORROW**

WOW, a programme unit of Provide, was started in 2008 by a group of women who felt compelled to being the change in an environment that was filled with gender discriminatory practices and attitudes that were prevalent across boards of institutions as well as in society at large. Discriminatory attitudes and practices are often excused or overlooked as a cultural phenomena without considering the stripping away of human dignity and worth. With zero tolerance for abuse and violence against women, WOW works tirelessly to break stereotypes that cripple women’s true potential.

We dream of a world where women and men, girls and boys coexist in an equal world.
OUR VISION

TO SEE WOMEN AND GIRLS LIVE UP TO THEIR FULLEST POTENTIAL IN THE LIGHT OF THEIR INTRINSIC VALUE BY CREATING SAFE SPACES.

OUR MISSION

WE EXIST TO ENLIGHTEN WOMEN TO RECOGNISE THEIR INNATE VALUE, WORTH AND SIGNIFICANCE

ENCOURAGE WOMEN TO LIVE UP TO THEIR FULL POTENTIAL

EMPOWER WOMEN BY CREATING CHANNELS OF SAFETY, GROWTH & EQUALITY IN SOCIETY

EQUIP WOMEN WITH SKILLS TO LIVE THE CHANGE THEY HOPE TO SEE
OUR THREE STREAMS

ADVOCACY

We strive to change attitudes and behaviour to bring equality in every sphere. A major part of what we do at WOW is to bring change by influencing toxic mindsets and attitudes, and what better tool than social media to do that!

https://www.facebook.com/womenofworthindia/

https://www.instagram.com/womenofworthindia/

TRAINING & MENTAL HEALTH SERVICES

WOW’s training programs are conducted by professional trainers to address issues relevant to both men and women within our two areas of focus; empowerment and safety. These initiatives educate people on core values and morale, encourage people to critically think and empower people to be the change they wish to see.

The training wing of WOW targets several demographics that include but are not limited to women in schools, colleges and corporate offices. As each audience is different from the other, the content is tailor-made to suit ever-changing needs and trends.

Apart from training workshops, WOW also regularly gets invited to colleges and corporates to deliver lectures and keynote addresses. We also conduct panel discussions on various topics related to the safety of women and girls.

Tamara Mental Health Services is a relatively new initiative started by WOW in May 2019. Its purpose is to identify and address mental health issues and stop the stigma that surrounds it. We provide counseling services and awareness training programmes on mental health.

REHABILITATION & RESTORATION

Our rehabilitation wing identifies and engages with adolescent girls who are from abandoned, trafficked or neglected backgrounds.

We work in different capacities ranging from complete psychological evaluations, counseling, and rehabilitative interventions, depending on the needs of the rescue organization involved. Counselling, life skills training and therapy of different kinds, are offered in a non-judgmental environment.

Our counselling, life skills training and therapy of different kinds are offered in a non-judgmental environment that provides effective rehabilitative care for children of all ages who have fallen victim to human trafficking.
CONTACT US
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VOLUNTEER
Please follow the link for more information:
www.womenofworth.in/volunteer

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